



“CHF” Congestive Heart Failure

Management at Home



*Southeast Louisiana
Home Health*

(Formerly Washington Area Home Health)

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Congestive Heart Failure (CHF) Management At Home

gives the patient the tools necessary to manage their health and improve their quality of life through diet planning, medication management, activity management and early symptom detection with the Zoe Fluid Status Monitor in the safety of their home.

Facts

- ♥ 2 to 3 million Americans have heart failure and 400,000 new cases are diagnosed each year.
- ♥ Heart failure is responsible for 39,000 deaths each year and is a contributing factor in another 225,000 deaths.
- ♥ Risk for heart failure increases with age from about 1% at 50 to about 5% at 75.
- ♥ Studies show African Americans are twice as likely to die from heart failure as whites for all age groups.

The Zoe Fluid Status Monitor

Is a noninvasive medical device that measures fluid status via bioimpedance. Zoe measurement can determine fluid congestion or dehydration. The Zoe device is used as part of a comprehensive disease management solution for patients with heart failure, fluid management problems, end stage renal disease and coronary artery disease related events.

Research indicates measuring Zoe can predict congestion in heart failure cases as early as two weeks prior to weight gain and other symptoms.

Program Benefits

- ♥ Early detection of complications with Zoe Fluid Status Monitor.
- ♥ Medication management.
- ♥ Exercise program.
- ♥ Diet management.
- ♥ Education on CHF, signs & symptoms and self-management skills.
- ♥ Decrease frequency of ER visits and hospitalizations.
- ♥ Improve patient's functional status.
- ♥ Improved quality of life.