



“COPD” Chronic Obstructive Pulmonary Disease

Management at Home



*Southeast Louisiana
Home Health*

(Formerly Washington Area Home Health)

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Chronic Obstructive Pulmonary Disease (COPD) Management At Home

is a disease management program designed to educate the patient on their disease and teach early intervention and self-management skills to prevent complications from COPD in the comfort and safety of their home.

Our Treatment Team will

- ♥ Give the patient/caregiver a basic understanding of the lung and respiratory system.
- ♥ Define chronic obstructive pulmonary disease (COPD).
- ♥ List factors that increase the risk of COPD.
- ♥ Teach the patient/caregiver to recognize signs and symptoms of COPD.
- ♥ Give the patient/caregiver a list of measures to prevent or manage COPD.
- ♥ Make the patient/caregiver aware of possible complications from COPD.

Benefits

- ♥ Increased knowledge of COPD and risk factors associated with the disease.
- ♥ Increased knowledge of preventative measures and self-management skills.
- ♥ Medication management.
- ♥ Early detection and intervention.
- ♥ Avoid need for hospitalization/re-hospitalization due to complications.
- ♥ Improved clinical outcomes.
- ♥ Improved quality of life.